

C&R NEWS

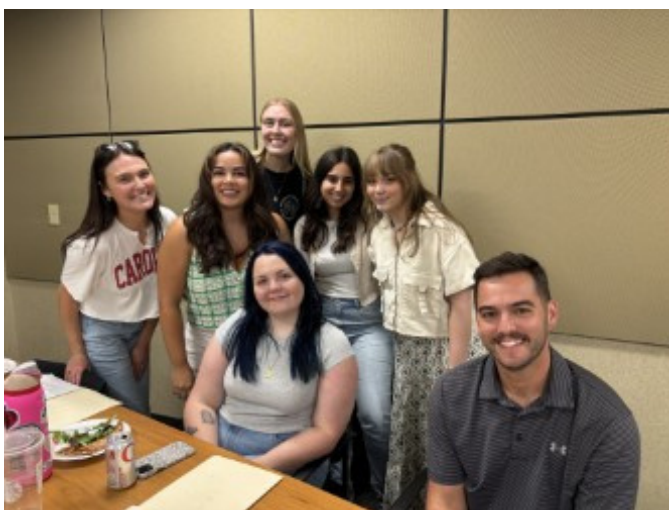
Counseling & Rehabilitation Program News



Orientation - A New Year

Fall is in the air, and the Counseling and Rehabilitation Program's students were welcomed to the School of Medicine Campus for this new academic year...or at least to their computer screens, we're a hybrid program after all.

Each fall semester, before classes begin, the Counseling and Rehabilitation Program holds its New and Returning Student Orientation Event, and the most recent event held on August 19th was one for the books. During the event, a record breaking 33 new students, comprised of folks from our three specialty practice areas were welcomed to the program for the fall '24 semester. In addition to meeting and networking with the program's returning students to discuss subjects like the Practicum and Internship experiences, the new folks were able to learn more about the program from faculty members and about life after graduation from C&R program alumni.



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Orientation - A New Year

Representatives from the Graduate Student Hub, the Office of Student Services, the School of Medicine Library, the Student Success and Wellness Center and Alumni Engagement were all in attendance to share valuable resources and contact information with students as well.

Now that we are settling into our new location on the School of Medicine VA campus, we are looking forward to collaborating with the Office of Student Services and other graduate programs across the School of Medicine for a next year's Orientation. Be sure to follow along as we release additional details in a future newsletter issue!

Save the Date

September 6th, 2024:
Graduate School Expo

September 19th, 2024:
Lunch and Learn Featuring
Nigel Smith

September 27th, 2024: Fall
Comprehensive Exams

October 11th, 2024:
Speaker Series featuring
Amanda Giordano.

October 12th, 2024: Fall
Semester Learning
Community Saturday





Career Discovery Lunch & Learn Unlocking Potential: Career Services and Strategies for Real-World Applications: Featuring Nigel Smith

As a Manager of Graduate Student Career Advising at the University of South Carolina, I oversee the delivery of programs and services to master and doctoral students who seek to advance their careers and professional development. I have over 20 years of experience in the field of career and workforce development, working with diverse populations and stakeholders in various settings.

My core competencies include career development planning, program management, higher education administration, budget monitoring, workshop facilitation, neighborhood development, and social service administration. I am passionate about helping people identify and achieve their career goals, as well as connecting them to support services and resources. I also facilitate individual and group sessions on job search skills, career exploration, and professional development. I am proud to say that in my career, I have been able to assist countless individuals and families in their pursuit to achieve their career goals, increase their human capital, and mitigate their barriers to success outcomes.

-Nigel Smith

[RSVP Here](#)



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Speaker Series

Featuring Dr. Amanda Giordano



October 11th - Clinical Work with Behavioral Addictions: A Primer

Mark your calendar for our next Speaker Series event with Dr. Amanda Giordano.

Dr. Giordano specializes in addictions counseling with clinical, instructional, and scholarly experience related to both chemical and behavioral addictions. She is the sole author of a clinical reference book titled, *A Clinical Guide to Treating Behavioral Addictions* and co-author of a textbook titled, *Addiction Counseling: A Practical Approach*. Dr. Giordano works to advance the counseling field with rigorous research and has published over 60 peer-reviewed articles and book chapters. She regularly teaches addictions counseling courses at the undergraduate and graduate level. Dr. Giordano works to raise public awareness about behavioral addictions by regularly offering community trainings and workshops (both domestically and internationally), being a guest on podcasts, and contributing to news media stories on the topic of addiction. She also writes a blog for Psychology Today called, "Understanding Addiction."

[RSVP Here](#)

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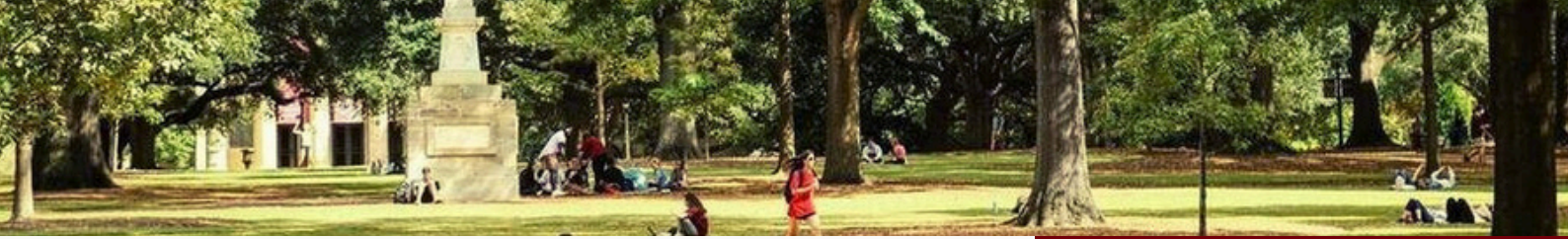
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Podcast Episode!

The C&R Podcast Team has been busy producing new content with more to come each semester! Each episode explores a different area of the 60-credit hour Master of Arts in Counseling and Rehabilitation and other relevant topics for professional counselors, applicants, students, and community members. From interviews with faculty and current students, to episodes on our philosophy and approach, this is the place to learn how and why we do what we do. Join us, won't you, as we explore Counseling and Rehabilitation at the USC School of Medicine-Columbia!

Below, you'll find a link to our recently released episode "**Perspectives from the Field, an Interview with Daniel Balva**" where we interview Dr. Balva who recently completed his postdoctoral psychology residency at the VA Pacific Islands Healthcare System in Honolulu, HI. He has a strong passion for global mental health, multiculturalism and international social justice concerns, juvenile justice, and disability awareness— all of which form the basis of his research interests and international collaborations and engagement. Join Dr. Balva and host, Dr. Michael Walsh by following the link to the C&R Podcast below.

[Listen to the C&R podcast here.](#)



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Student Spotlight

Aileen Pagán-Welch

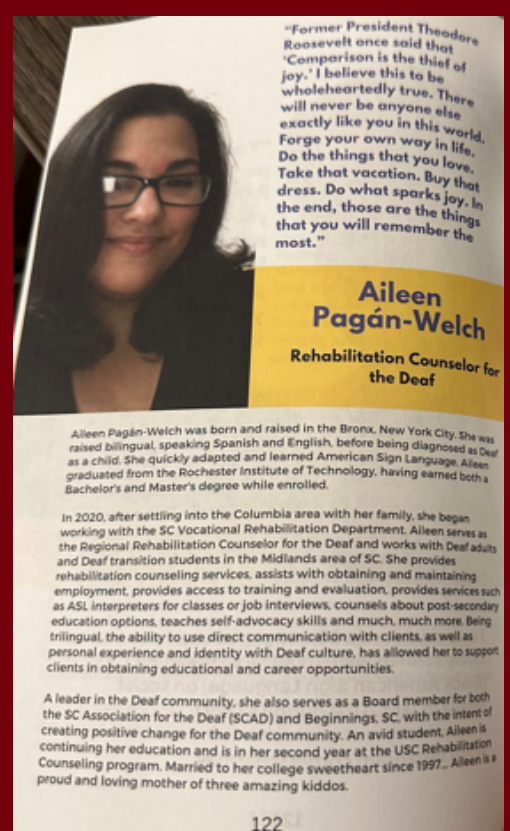
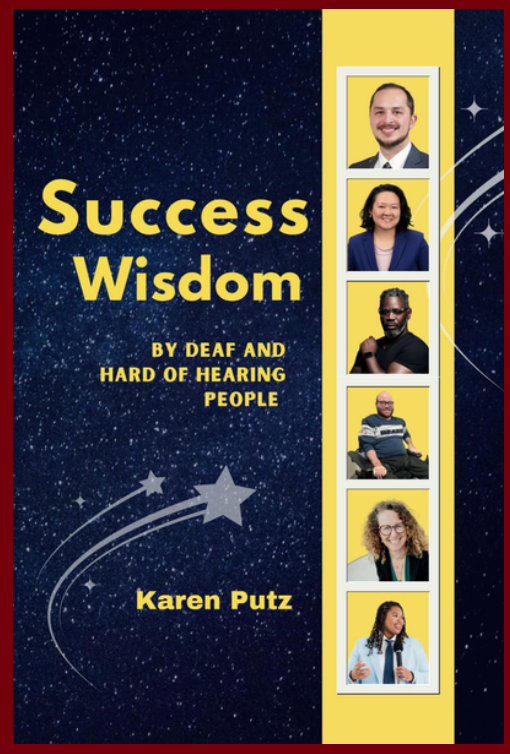
Counseling and Rehabilitation student, Aileen Pagán-Welch was recently featured in the publication “Success Wisdom by Deaf and Hard of Hearing People”. The newly released book invites readers into a captivating anthology that celebrates the achievements and unique perspectives of over 100 Deaf, Hard of Hearing, DeafBlind, DeafDisabled, Deaf Plus, and Late-Deafened individuals.

Through these candid narratives, the book highlights the diverse paths to success taken by people who have navigated challenges and have thrived in various fields such as arts, sciences, education, medical, technology, sports, and more.

Aileen Pagán-Welch was born and raised in the Bronx, New York City. She was raised bilingual, speaking Spanish and English, before being diagnosed as Deaf as a child. She quickly adapted and became fluent in American Sign Language. Aileen graduated from the Rochester Institute of Technology, having earned both a bachelor's and master's degree while enrolled there.

Aileen serves as the Regional Rehabilitation Counselor for the Deaf at the South Carolina Vocational Rehabilitation Department and works with Deaf adults and Deaf transition students in the Midlands area of SC. She provides rehabilitation counseling services, assists with obtaining and maintaining employment, provides access to training and evaluation, provides services such as ASL interpreters for classes or job interviews, counsels about post-secondary education options, teaches self-advocacy skills and much, much more.

To learn more about Aileen and other trailblazing entrepreneurs, award-winning artists, pioneering educators and fearless activists, check out [Success Wisdom by Deaf and Hard of Hearing People](#) on Amazon.





Publication Alert! Hayden Petee

Hayden Petee, a second year student with the program, published the manuscript “Systematic Review on Utilizing Virtual Reality to Enhance Vocational Education for Persons with Disabilities” in the journal, Vocational Evaluation and Career Assessment Professionals (VECAP).

The manuscript will be published in the upcoming issue of the VECAP journal.

Grad School Expo

Join students from around the university for the 2024 Graduate Student Expo on September 6, 2024, from 9 am to 12 pm at the Russell House Ballroom! This family-friendly event is designed for both new and current graduate students at USC. Enjoy a resource fair featuring 30+ campus organizations, ongoing workshops, and exciting door prizes, including scholarships, parking passes, gift cards, and more. Savor breakfast goods and coffee while connecting with fellow students and discovering essential resources at the University of South Carolina.

Please register [here](#). The form will automatically collect your name and USC email address so you must be logged in to your account. REGISTRATION CLOSES ON AUGUST 30TH @ 11:59 PM. LATE REGISTRATION CLOSES SEPTEMBER 3RD @ 11:59 PM (no meal guaranteed).





SOM Graduate Programs Welcome Social

On Tuesday, August 20th the Office of Student Affairs and Career Advising hosted a SOM Graduate Program Welcome Social event that drew strong attendance from Counseling and Rehabilitation students. The event was a great time for students to connect and network with fellow Graduate Students at the School of Medicine.

The event featured food, games, and valuable resources from around the School of Medicine and community. Counseling and Rehabilitation's own, Alison Cartwright won the coveted SOM Swag Bag from the Office of Alumni Affairs after correctly guessing the answer to their trivia question:

HOW MANY SOMC ALUMNI DO WE HAVE?

The answer is **5,037...** Congrats, Allison!



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Fall Semester Learning Community Saturday Event

Each major semester, the C&R Program hosts community partners, alumni presenters, faculty, and representatives from counseling agencies from all over the state as well as all of our learning community students for a 1-day Learning Community professional development event, which, this year, will be held on the SOM VA campus at 6311 Garners Ferry Road. The year's fall event will be held on October 12th from 9:00am-4:00pm.

The fall semester's event will feature topics including emotional support animals, school mental health, the integration of career development and mental health, and so much more. Should you or a colleague wish to present or contribute to this or our next Learning Community Saturday event during the spring 2025 semester on February 22nd, feel free to reach out to Patrick Demery at patrick.demery@uscmed.sc.edu for additional information.



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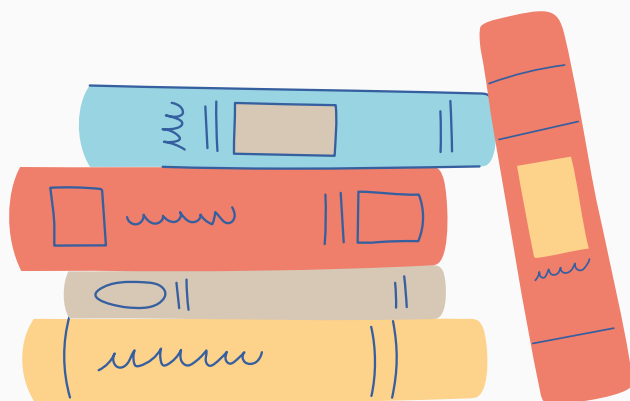
Update to the C&R SOM Library Subject Guide

Thanks to a recent update from Steve Wilson, Web and Outreach Librarian and Coordinator for the Center for Disability Resources Library, the C&R program's Counseling and Rehabilitation Subject Guide is looking better than ever and contains additional resources for new and returning students. With its location just around the corner from the C&R Program's faculty office spaces, the School of Medicine Library is a tremendous resource packed full of study spaces, lounges, journals, databases, and useful services.

Mr. Wilson has curated a [Counseling and Rehabilitation Subject Guide](#) complete with links to useful Rehabilitation Counseling flagship journals, databases, internet resources and much more that can all be found in one spot. It's a great resource for new and returning students alike to check out.

Counseling and Rehabilitation students also have access to the [Counseling and Rehabilitation Research Skills Tutorial](#), a collection of short videos designed to provide info on library policies and services, accessing e-resources and journals, using citation formats and more.

Mr. Wilson is also available for 1:1 consultation as described in his ["Meet your Librarian" introduction video here](#).



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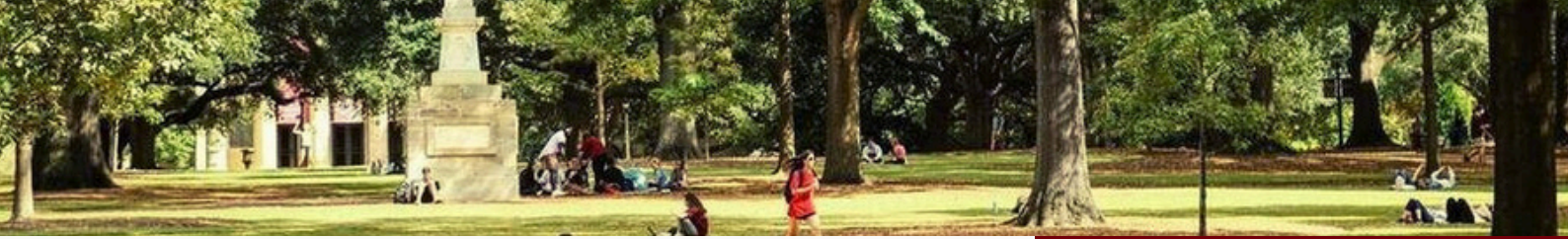
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Wellness Corner

One of our students' favorite wellness activities is hanging out at the lake with friends, reading, and relaxing in a hammock!

If you have any other self-care or wellness ideas to share with the Learning Community, please complete [this form](#).



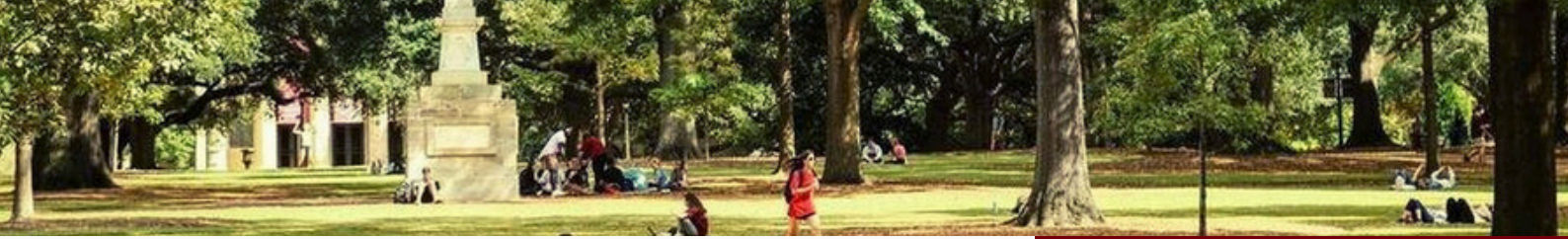
Pet of the Month

Meet Biscuit, a 14-year-old orange and white tabby who belong to Sandy Jordan.

Biscuit is referred to as "old man" by Sandy. He has more white hairs than orange these days but if you have food, he is like a orange flash near your side. He loves laying on his mom, sleeping, eating, and hissing at this sister. Some say that he has lost his voice but that's not true, he just likes to give you a silent meow!

To have your pet(s) shared in next month's newsletter, complete [this form](#)!





APA Writing Tips

Title Page Setup

The title page is the first thing a person sees when reading your paper, so is important to make a good first impression! Students should usually use the student title page format and include the following elements, in the order listed:

- Paper title
- Name of each author
- Affiliation for each author
- Course number and name
- Instructor name
- Assignment due date

*Do not forget page number 1 in the top right corner of the page header!

Source: American Psychological Association



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