

Ryan G. Carlson, PhD, LPC

CURRICULUM VITAE

Office Information

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Education

Ph.D. in Counselor Education (CACREP Accredited), May 2012

University of Central Florida

Dissertation Topic: Examining relationships among income, individual and relationship distress, and outcomes in marriage and relationship education for low-to-moderate income married couples

Dissertation Chair: Dr. Andrew P. Daire

Master of Arts in Counselor Education, Mental Health Counseling Track, December 2005

University of Central Florida

Bachelor of Science in Psychology, May 2003

University of Central Florida

Licensing and Certification

- Licensed Professional Counselor, South Carolina: #7259
 - Licensed Mental Health Counselor, Florida: MH 9381
 - Qualified Clinical Supervisor, Mental Health Counseling (FL)
 - Qualified Clinical Supervisor, Marriage and Family Therapy (FL)
 - Graduate Certificate in Marriage and Family Therapy, University of Central Florida
 - Certified facilitator in PREP (Prevention and Relationship Education Program)
 - Certified facilitator in PAIRS (Practical Applications of Intimate Relationship Skills)
 - Certified facilitator in PREPARE/ENRICH
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Awards and Honors

2021 **STAR Trainee**, Series on Training for Advanced Research selected by the UofSC Office of the Vice President for Research

- 2021 **Member Research Award**, International Association of Marriage and Family Counselors, a division of the American Counseling Association
- 2019 **Research Award**, University of South Carolina College of Education
- 2018 **Breakthrough Star in Research**, University of South Carolina Office of Vice President for Research
- 2015 **Early Career Research Award**, University of South Carolina College of Education
- 2015 **Affiliate Research Scientist**, Yvonne & Schuyler Moore Child Development Research Center, College of Education, University of South Carolina
- 2014 **Emerging Leader**, Association for Assessment and Research in Counseling (AARC), a division of the American Counseling Association
- 2014 **Don Dinkmeyer Social Interest Award**, American Counseling Association (ACA)
- 2012 **University of Central Florida Order of Pegasus Finalist**. The most prestigious award a student can attain at the University of Central Florida
- 2011 **University of Central Florida Order of Pegasus Finalist**. The most prestigious award a student can attain at the University of Central Florida
- 2011 **University of Central Florida Outstanding Research Award**. Awarded to a counselor education doctoral student who demonstrated outstanding research
- 2010 **Emerging Leader Fellow**, Southern Association for Counselor Education and Supervision (SACES)
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Academic and Professional Experience

University of South Carolina – Columbia, SC

Department Chair, Educational & Developmental Science

January 2024-Present

- Manage a yearly department budget of approximately \$1.9 million
- Supervise about 42 faculty and staff across four program areas: counselor education; special education; physical education; and educational psychology and research measurement which comprise roughly 500 graduate and undergraduate students
- Provide oversight of faculty service assignments, annual performance reviews, and tenure and promotion processes
- Oversee approximately 120 adjuncts and graduate teaching assistants each semester
- Provide ongoing reviews of the approximately 16 degree programs in the department to include enrollment, class size, and faculty load

- Support faculty in securing extramural funding with roughly \$5 million in annual recurring project funding from departmental faculty

Interim Department Chair, Educational & Developmental Science

July 2023-December 2023

- Appointed interim chair during the first year of a newly restructured department
- Oversaw the creation and approval of new department bylaws and tenure and promotion guidelines
- Established a new department identity through unifying programs that were not previously in the same unit

University of South Carolina – Columbia, SC

Professor, Counselor Education; Department of Educational & Developmental Science

(formerly Educational Studies)

2023-Present

University of South Carolina – Columbia, SC

Associate Professor with Tenure, Counselor Education; Department of Educational Studies

2018 - 2022

University of South Carolina – Columbia, SC

Director, Consortium for Family Strengthening Research

2018-Present

University of South Carolina – Columbia, SC

Assistant Professor, Counselor Education; Department of Educational Studies

2012-2018

University of Central Florida - Orlando, FL

Associate Director & Coordinator of Clinical Services; UCF Marriage & Family Research Institute

August 2009-2012

- Established the clinical training program for graduate counseling interns at the Marriage & Family Research Institute, including all clinical documents, policies, and procedures
- Supervised graduate student clinical interns in mental health counseling and marriage and family therapy
- Participated on grant writing teams that produced eight grant proposals since 2009 totaling more than \$10 million; Two grants were funded totaling \$5,758,583
- Served as the lead grant writer for two of the proposals – One submitted to National Institutes of Health and one submitted to Centers for Disease Control
- Authored or co-authored scholarly manuscripts submitted for publication
- Coordinated the Undergraduate Research Assistantship program for undergraduate psychology students
- Assisted in the establishment and implementation of a practicum section at the Marriage & Family Research Institute

- Developed a data-base to house assessment scores and basic demographic information for clients receiving counseling services

Assistant Director; UCF Marriage & Family Research Institute

December 2006-August 2009

- Coordinated hiring and managed graduate research assistants
- Helped to write the implementation plan for the Supporting Healthy Marriages *Together Project*
- Trained and supervised undergraduate Service Learning Psychology students
- Analyzed data from MFRI-related projects and assisted with writing manuscripts
- Assisted with writing grant proposals

Private Practice - Licensed Mental Health Counselor (FL; MH 9381)

December 2006 – March 2008: *Part-time*

- Adult individual counseling for depression, anxiety, relationship issues, and addiction
- Family counseling specializing in working with families with addictions
- Couples counseling for marital and non-marital couples using both psychotherapy and psycho education models such as PREPARE/ENRICH and PAIRS
- Group counseling for couples who have experienced addictions

Seminole Community Mental Health Center - Co-Occurring Disorders Specialist Level II

May 2005 – December 2006

- Conducted individual counseling sessions twice weekly for between 4 and 10 clients
- Created and maintained treatment plan for all clients, including treatment goals and interventions
- Maintained weekly progress notes on all clients
- Ran between 5 and 7 therapy and educational groups per week
- Provided family counseling to aide with discharge planning
- Participated in weekly treatment team meetings with psychiatrist, nurse practitioner, clinical director, and other treatment providers
- Worked with community agencies for clients interested in receiving additional treatment upon their discharge
- Provided counseling and other mental health services as needed for clients with substance abuse and other co-occurring disorders
- Attended training workshop on methods of treatment for clients with severe and persistent mental health disorders (e.g., schizophrenia)

University of Central Florida Community Counseling Clinic – Practicum Student

August 2004 – April 2005

- Conducted individual counseling for adults, adolescents, and families for presenting issues related to mood disorders, and relationship concerns.
- Facilitated a group for adult individuals working to improve interpersonal skills
- Facilitated a group for elementary-aged students experiencing behavioral problems during class

Specialized Treatment, Education, & Prevention Services (STEPS) – Chemical Dependency Counselor

August 2003 – December 2003

- Facilitated counseling and psycho-educational groups related to substance use and abstinence
- Conducted psychosocial intake interviews for adults struggling with substance abuse
- Facilitated psycho-educational groups to inmates in the Orange County jail for 6 hours each day, on topics related to life management skills (e.g., anger management and conflict resolution)

Research***Refereed Publications*** ($N = 70$)

* Denotes student collaborator

Published or In Press

Carlson, R. G., Wheeler, N. J., Liu, X., & *Carroll, N. (In Press). A latent profile analysis of relationship satisfaction and self-regulation among low-income couples who attended relationship education. *Family Process*.

*Hodge, V., Gao, R., **Carlson, R. G.**, Barden, S. M., & Dillman Taylor, D. (2024). Service modality as a moderator of the relationship between help-seeking and motivation for completing a couple relationship education program. *Journal of Marital and Family Therapy*. <https://doi.org/10.1111/jmft.12733>

Barden, S. M., **Carlson, R. G.**, Dillman Taylor, D., Gao, R., & *Velez, M. (2024). Fostering healthy relationships: A preliminary investigation of relationship education. *Journal of Counseling & Development*. <https://doi.1002/jcad.12504>.

Dillman Taylor, D. Tabet., S. Whitbeck, M., **Carlson, R. G.**, Barden, S., & *Silverio, N. (2023). Measuring individual distress for individuals in an economically vulnerable population. *The Professional Counselor*, 13(3), 193-205. Doi: 10.15241/ddt.13.3.193.

*Gao, R., **Carlson, R. G.**, *Fratzke, V., Go, J., Dillman Taylor, D., & Barden, S. M. (2023). Factor structure and measurement invariance of the dyadic coping inventory measuring low-income couples in the United States. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075231200603>.

Carlson, R. G., *Gao, R., *Gordon, R., *Go, J., Dillman Taylor, D., & Barden, S. M. (2023). Examining intervention hours attended for couples randomly assigned to receive relationship education. *Journal of Marital and Family Therapy*, 49, 561-580. <http://doi.org/10.1111/jmft.12644>.

- *Craven, L., *Fields, A., **Carlson, R. G.**, *Combs, E., & *Howe, E. (2023). Counseling interventions for victims of intimate partner violence: A systematic review. *Journal of Counseling & Development*. <http://doi.org/10.1002/jcad.12478>.
- Daire, A. P., **Carlson, R. G.**, & *Pointer, A. (2023). Emancipatory Approaches in Couples' Intervention Research. *Family Process*. Doi: 10.1111/famp.12890.
- Dillman Taylor, D., Starrett, A., **Carlson, R. G.**, Barden, S. M., & Thompson, K. (2022). Examining the Stability of Emotional Regulation and Psychological Distress for Low-Income Individuals Randomly Assigned to Receive Individual-Oriented Relationship Education. *Family Process*. <https://doi.org/10.1111/famp.12821>.
- Rhoades, G. K., Doss, B., & **Carlson, R. G.** (2022). Introduction to Special Section: Federally-funded, community-based healthy marriage and responsible fatherhood program impact studies. *Family Process*. Doi: 10.1111/famp.12799.
- *Thompson, C. M., & **Carlson, R. G.** (2022). Adverse Childhood Experiences and Neuroscience-Informed Counseling: A Case for Multi-Tiered Parent Interventions in School. *Journal of Child and Adolescent Counseling*. <https://doi.org/10.1080/23727810.2022.2092975>.
- Barden, S. M., **Carlson, R. G.**, Dillman Taylor, D., Dickensen, T., & *Gao, R. (2022). A randomized trial of relationship education using Within Our Reach for economically vulnerable couples. *Family Process*. <http://doi.org/10.1111/famp.12781>.
- *Craven, L. C., **Carlson, R. G.**, & *Waddington, A. F. (2022). Using the Stages of Change to Counsel Victims of Intimate Partner Violence. *The Family Journal*. <https://doi.org/10.1177/10664807221090951>.
- *Toomey, T. M., & **Carlson, R. G.** (2022). Leaning into counseling student discomfort around LGBTQ issues. *Journal of LGBT Issues in Counseling*, 16(1), 86-103. <https://doi.org/10.1080/15538605.2021.1972895>.
- Deaton, J. D., Wymer, B., & **Carlson, R. G.** (2021). Supervision strategies to facilitate vicarious post traumatic growth. *The Journal of Counselor Preparation and Supervision*, 14(4). Retrieved from: <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/12>.
- Barden, S. M., *Silverio, N., *Wilson, N., Taylor, D. D. & **Carlson, R. G.** (2021). Coping during COVID: Implementation of an online relationship education intervention for economically vulnerable couples. *Couple and Family Psychology: Research and Practice*, 10(3), 202-211. <https://doi.org/10.1037/cfp0000168>.
- Carlson, R. G.**, Barden, S. M., Locklear, L., Taylor, D. D., & *Carroll, N. (2021). Examining quality time as a mediator of dyadic change in a randomized controlled trial of relationship education for low-income couples. *Journal of Marital and Family Therapy*, 48(2), 484-501. <https://doi.org/10.1111/jmft.12554>.

- Wheeler, N. J., **Carlson, R. G.**, *Waleed, S. Y., & Hipp, C. J. (2021). Adverse childhood experiences as predictors of differences in intimate justice, conflict, control, and power in intimate relationships. *Journal of Family Violence*.
<https://doi.org/10.1007/s10896-021-00288-z>.
- Barden, S. M., **Carlson, R. G.**, *Toomey, T. M., *Locklear, L., Dillman Taylor, D., & *Silverio, N. (2021). Examining the effects of relationship education for same-sex couples: A randomized controlled trial. *Marriage & Family Review*.
<https://doi.org/10.1080/01494929.2021.1921896>.
- Wallace, D., **Carlson, R. G.**, & Ohrt, J. H. (2021). Culturally adapted CBT in the treatment of panic episodes and depression of African American woman: A clinical case illustration. *Journal of Mental Health Counseling*, 43(1), 40-58. <https://doi.org/10.1774/mehc.43.1.03>.
- Carlson, R. G.**, Wheeler, N. J., Barden, S. M., Romagnolo, S., Dillman Taylor, D., Hipp, C. J., *Silverio, N., & Moran, M. (2021). Using intent to attend as a predictor of retention in community-based relationship education. *Family Process*, 61(1), 130-145.
<https://doi.org/10.1111/famp.12662>.
- Hipp, C. J., & **Carlson, R. G.** (2021). The dyadic association among technoferece and relationship and sexual satisfaction for young adult couples. *Journal of Sex & Marital Therapy*. 47(5), 508-520. <https://doi.org/10.1080/0092623X.2021.1922562>.
- Carlson, R. G.**, Dillman Taylor, D., Barden, S. M., Olejarczyk, J., & *Glascoe, G. (2021). Effects of individual-oriented relationship education on parents: A randomized controlled trial. *Journal of Family Psychology*. <https://doi.org/10.1037/fam0000852>.
- Barden, S. M., Dillman Taylor, D., Silverio, N., **Carlson, R. G.**, Whitbeck, M., Carroll, N., & Velez, M. (2021). Motivations to enroll and engage in relationship education programs: A qualitative investigation of key process factors. *Journal of Couple & Relationship Therapy*. <https://doi.org/10.1080/15332691.2020.1867685>.
- Mulvey, K. M., Gönültaş, S., Irdam, G., **Carlson, R. G.**, DiStefano, C., & Irvin, M. J. (2021). School and teacher related factors that promote adolescents' inclusive tendencies. *Frontiers in Psychology*. <https://doi.org/10.3389/fpsyg.2020.581089>.
- Mulvey, K. L., Gönültaş, S., Hope, E., Hoffman, A. J., DiStefano, C., Irvin, M. J., & **Carlson, R. G.** (2020). The complex nature of youth aggression: Relations between cognition, discrimination, and peer perceptions of bullying involvement. *Youth and Societies*.
<https://doi.org/10.1177/0044118X20920085>.
- Carlson, R. G.**, Wheeler, N. J., Liu, X., *Hipp, C., & Daire, A. P. (2020). The relationship between social support and family relationships among low-income couples attending relationship education. *Family Process*. doi: 10.1111/famp.12499

- Stanley, S. M., **Carlson, R. G.**, Rhoades, G. K., Markman, H. J., Ritchie, L. L., & Hawkins, A. J. (2020). Best practices in relationship education focused on intimate relationships. *Family Relations, 69*(3), 497-519. doi: 10.1111/fare.12419
- Limberg, D., Ohrt, J., **Carlson, R. G.**, Bordonada, T., Bates, D., *Wymer, B., & *Guest, J. (2020). School counselors' experiences and responses during the South Carolina 1,000 year flood. *Professional School Counseling, 23*(1), 1-10. doi: 10.1177/2156759X19877353
- Daire, A. P., Williams, B., Griffith, S., Wheeler, N. J., Tucker, K., Liu, X., Broyles, A., **Carlson, R. G.**, & Spears, N. (2020). Relationship distress in couples with and without reported existing cardiovascular risk factors: Making a case for relationship education (RE). *The Family Journal, 28*(1), 40-47. doi: 10.1177/1066480719895562.
- Carlson, R. G.**, Hock, R., George, M., *Kumpiene, G., Yell, M., *McCartney, E. D., Riddle, D., & Weist, M. (2020). Relational factors influencing parents' engagement in special education for high school youth with emotional/behavioral disorders. *Behavioral Disorders, 42*(2), 102-116. doi: 10.1177/0198742919883276
- *Guest, J., & **Carlson, R. G.** (2019). Using mindfulness strategies to manage negative countertransference and feelings of dislike while working with children exhibiting externalized behaviors. *Journal of Psychotherapy Integration, 29*(4), 426-439. <https://doi.org/10.1037/int0000183>.
- Gönültaş, S., Mulvey, K. L., Irdam, G., Goff, E., Irvin, M. J., **Carlson, R. G.**, & DiStefano, C. (2019). The role of social-emotional factors in bystanders' judgments and responses to initial peer aggression and retaliation in adolescence. *Journal of Emotional and Behavioral Disorders*. doi: 10.1177/1063426619870492.
- Ohrt, J. H., *Wymer, B. C., *Guest, J. D., Limberg, D., **Carlson, R. G.**, & *Deaton J. (2019). Counselor preparation for working with at-risk youth. *Journal of Child and Adolescent Counseling*. doi: 10.1080/23727810.2019.1586417
- Liu, X., **Carlson, R. G.**, & Kelley, K. (2019). Common language effect size for correlations. *Journal of General Psychology*. doi: 10.1080/00221309.2019.1585321.
- *Hipp, C., & **Carlson, R. G.** (2019). Comfort in treating sexual problems: Current training and counselor self-efficacy. *The Family Journal, 27*(2), 105-114. doi: 10.1177/1066480719835342.
- Mulvey, K. L., Gönültaş, S., Goff, E., Irdam, G., **Carlson, R. G.**, DiStefano, D., & Irvin, M. J. (2019). School and family factors predicting adolescent cognition regarding bystander intervention in response to bullying and victim retaliation. *Journal of Youth and Adolescence*. doi: 10.1007/s10964-018-0941-3

- *Wymer, B., & **Carlson, R. G.** (2019). Engaging foster parents in child trauma treatment: Strategies for counselors. *Journal of Child and Adolescent Counseling*. doi: 10.1080/23727810.2019.1609836
- Mulvey, K. L., McMillian, L. E., Irvin, M., & **Carlson, R. G.** (2018). Youth cognition surrounding bullying of peers with disabilities: Inclusion, intervention and the role of the group. *Journal of Emotional and Behavioral Disorders*. doi: 10.1177/1063426618799737
- *Feather, K., & **Carlson, R. G.** (2018). Investigating disability content within CACREP programs: Rethinking counselor education training. *Journal of Multicultural Counseling and Development*, 47, 19-36. doi: 10.1002/jmcd.12118
- Wheeler, N. J., Daire, A. P., Barden, S. M., & **Carlson, R. G.** (2018). Relationship distress as a mediator of adverse childhood experiences and health: Implications for clinical Practice with economically vulnerable racial and ethnic minorities. *Family Process*. doi: 10.1111/famp.12392
- Lowe, C., Gibson, D. G., & **Carlson, R. G.** (2018). Examining the relationship between school counselors' age, years of experience, school setting, and self-perceived transformational leadership skills. *Professional School Counseling*, 21(1b). doi: 10.1177/2156759X18773580.
- Carlson, R. G.**, Wheeler, N. J., & *Adams, J. J. (2018). The influence of individual-oriented relationship education on equality and conflict-related behaviors. *Journal of Counseling & Development*, 96(2), 144-154. doi: 10.1002/jcad.12188.
- *Wofford, J. R., & **Carlson, R. G.** (2017). A literature review and case study on the strengths and struggles of typically developing siblings of persons with disabilities. *The Family Journal*, 25(4), 398-406. doi: 10.1177/1066480717732167.
- Carlson, R. G.**, Rogers, T. L., Wheeler, N. J., Kelchner, V., Griffith, S-A. M., & Liu, X. (2017). The Continuum of Conflict and Control Relationship Scale (CCC-RS): Psychometrics for a measure designed to discriminate among types of intimate partner violence. *Measurement and Evaluation in Counseling and Development*, 50(3), 155-169. doi: 10.1080/07481756.2017.1320945.
- Evadne, N., Daire, A. P., **Carlson, R. G.**, & Munyon, M. (2017). Analysis of marital expectations in African immigrant and United States-born married couples. *The Qualitative Report*, 22(3), 831-848.
- Fripp, J. A., & **Carlson, R. G.** (2017). Exploring the influence of attitudes and stigma on participation of African American and Latino populations in mental health services. *Journal of Multicultural Counseling and Development*, 45, 80-94. doi: 10.1002/jmcd.12066.

- Carlson, R. G.,** Rappleyea, D., Daire, A. P., Harris, S. H., & Liu, S. (2017). A comparison of high and low-risk couples' outcomes in couple and relationship education. *Family Process, 56*(1), 91-104. doi: 10.1111/famp.12172.
- Gutierrez, D., **Carlson, R. G.,** Daire, A. P., & Young, M. E. (2017). Evaluating treatment outcomes using the integrative model for brief couples counseling: A pilot study. *The Family Journal, 25*(1), 5-12. doi: 10.1177/1066480716678619.
- Carlson, R. G.,** Case Pease, J., Wheeler, N. J., Liu, X., McDonald, J., & Strawn, L. (2017). Characteristics of couples who attend family services counselor visits in relationship education. *Marriage & Family Review, 53*(1). doi: 10.1080/01494929.2016.1204407
- Carlson, R. G.,** *Fripp, J., *Cook, C., & *Kelchner, V. (2015). Examining intimate partner violence, stress, and technology among young adults. *The Professional Counselor, 5*(3), 365-378. doi: 10.15241/rgc.5.3.365
- Barden, S. M., **Carlson, R. G.,** Daire, A. P., Finell, L. R., *Christopher, K., & *Young, E. (2015). Investigating the influence of relationship education on parental attitudes. *Marriage & Family Review, 51*(3), 246-263. doi: 10.1080/01494929.2015.1031422
- Marciano, S. T., Drasgow, E., & **Carlson, R. G.** (2015). Marital experiences of couples who include a child with autism. *The Family Journal, 23*(2), 132-140. doi: 10.1177/1066480714564315
- Carlson, R. G.,** Barden, S. M., Daire, A. P., & *Greene, J. (2014). Influence of relationship education on relationship satisfaction for low-income couples. *Journal of Counseling and Development, 92*(4), 418-427. doi: 10.1002/j.1556-6676.2014.00168.x
- Haber, R., **Carlson, R. G.,** & *Braga, C. (2014). Use of an anecdotal client feedback form in family therapy. *Family Process, 53*(2), 307-317. doi: 10.1111/famp.12070
- Carlson, R. G.,** Daire, A. P., & Bai, H. (2014). Examining relationship satisfaction and individual distress for low-to-moderate income couples in relationship education. *The Family Journal, 22*(3), 282-291. doi: 10.1177/1066480714529741
- Carlson, R. G.,** Barden, M. S., Daire, A. P., & *Swartz, M. (2014). Examining parental alliance for low-income participants who attend relationship education with or without a partner. *Journal of Couple and Relationship Therapy, 13*(2), 153-170. doi: 10.1080/15332691.2013.871615
- Daire, A. P., *Dominguez, V. N., **Carlson, R. G.,** & Case-Pease, J. (2014). Family adjustment measure: Scale construction and validation. *Measurement and Evaluation in Counseling and Development, 47*(2), 91-101. doi: 10.1177/0748175614522270

- Carlson, R. G.,** *Gutierrez, D., Daire, A. P., & *Hall, K. (2014). Does frequency of speaker-listener technique use influence relationship satisfaction? *Journal of Psychotherapy Integration, 24*(1), 25-29. doi: 10.1037/a0035971
- Daire, A. P., **Carlson, R. G.,** Barden, S. M., & Jacobson, L. (2014). Intimate partner violence (IPV) protocol readiness model. *The Family Journal, 22*(2), 170-178. doi: 10.1177/1066480713513708
- Carlson, R. G.,** *Fripp, J., Munyon, M. D., Daire, A. P., Johnson, J. M., & DeLorenzi, L. (2014). Examining passive and active recruitment for low-income couples in relationship education. *Marriage & Family Review, 50*(1), 76-91. doi: 10.1080/01494929.2013.851055
- Ngazimbi, E. E., Daire, A. P., Soto, D., **Carlson, R. G.,** & Munyon, M. (2013). Marital expectations and marital satisfaction between African immigrant and United States born married couples. *Journal of Psychology in Africa, 23*(2), 317-322. doi: 10.1080/14330237.2013.10820629
- Daire, A. P., Jacobson, L., & **Carlson, R. G.** (2012). Emotional stocks and bonds: A metaphorical model for conceptualizing and treating co-dependency and other forms of emotional over-investing. *American Journal of Psychotherapy 66*(3), 259-278. doi: 10.1176/appi.psychotherapy.2012.66.3.259
- Carlson, R. G.,** Daire, A. P., Munyon, M. D., & Young, M. E. (2012). A Comparison of cohabiting and non-cohabiting couples who participated in premarital counseling using the PREPARE model. *The Family Journal, 20*(12), 123-131. doi: 10.1177/1066480712441588
- Daire, A. P., Harris, S. M., **Carlson, R. G.,** Munyon, M. D., Rappelayea, D. L., Beverly, M. G., & Hiatt, J. (2012). Fruits of improved communication: The experiences of Hispanic couples in a relationship education program. *Journal of Couple & Relationship Therapy, 11*(2), 37-41. doi: 10.1080/15332691.2012.666498
- Carlson, R. G.** & Lambie, G. W. (2012). Systemic-developmental supervision: A clinical supervisory approach for family counselor student-interns. *The Family Journal, 20*(1), 29-36. doi: 10.1177/1066480711419809
- Carlson, R. G.,** Daire, A. P., Munyon, M. D., Soto, D., Bennett, A., Marshall, D., & McKinzie, C. (2012). Examining recruitment follow-up phone calls and their influence on attendance for husbands and wives in a marriage and relationship education program. *Marriage & Family Review, 48*(1), 82-95. doi: 10.1080/01494929.2011.627493
- Young, M. E., & **Carlson, R. G.** (2011). Fragile families, fragile couples [Monograph]. *Counseling and Human Development, 43*(7), 1-12.

Daire, A. P., Munyon, M. D., **Carlson, R. G.**, Kimemia, M., & Mitcham, M. (2011). Examining distress between parents of children with and without special needs. *Journal of Mental Health Counseling, 33*(2), 177-188. doi: 10.17744/mehc.33.2.qu73p03176337xx1

Carlson, R. G., & Jones, K. D. (2010). Continuum of conflict and control: A conceptualization of intimate partner violence typologies. *The Family Journal, 18*(3), 248-254. doi: 10.1177/1066480710371795

Manuscripts Under Review

Craven, L., & **Carlson, R. G.** (2024). *Motivational interviewing for victims of intimate partner violence*. Manuscript submitted to the *Journal of Counseling & Development*.

Silverio, N., Gao, R., *Skeen, A. I., *Hodge, V., **Carlson, R. G.**, Barden, S. M., & Dillman-Taylor, D. (2024). *The dyadic impact of relationship hope on parenting and family functioning*. Manuscript submitted to the *Family Process*.

*Combs, E. M., *Eckstrom, L., *Gilreath, R., *Castle, M., *Garrett, S., & ***Carlson, R. G.** (2024). *A systematic review of coping, resilience, and family resilience within the LGBTQ+ population*. Manuscript submitted to *LGBTQ Health*.

Go, J., *Skeen, A. I., **Carlson, R. G.**, Dillman Taylor, D., & Barden, S. M. (2024). *Dyadic measurement invariance of the 10-item continuum of conflict and control relationship scale*. Manuscript submitted to the *Journal of Interpersonal Violence*.

Book Chapters and Related Publications (N = 8)

Carlson, R. G., Rhoades, G. K., *Johnson, S., Stanley, S. M., & Markman, H. J. (2022). *Relationship Enhancement and Distress Prevention*. In Eds. Snyder, D., and Lebow, J. *Clinical Handbook for Couple Therapy*.

Carlson, R. G., & Young, M. E. (2021). *Communication and Relationship Education*. In Eds. Young, M. E., Barden, S. M., & Long, L. *Counseling and Therapy for Couples*. Cengage. Belmont, CA.

Carlson, R. G., Daire, A. P., & *Hipp, C. (2020). *Early Prevention of Couple Distress: Education and Enrichment Programs and Premarital Counseling*. In Wampler, K. S., Blow, A. (Eds.), *The Handbook of Systemic Family Therapy: Volume III*. Hoboken, NJ: John Wiley & Sons.

Carlson, R. G., & Rhoades, G. K. (2019). *Marriage and Relationship Education: Historical Perspectives, Current Research, and Future Directions*. In *Family Friendly Policies*. Doha International Family Institute: The Qatar Foundation.

Carlson, R. G. (2018). *Research, Grant Writing & Management*. In Eds. Okech, J. L. A., & Rubel, D. *Counselor Education in the 21st Century: Issues and Experiences*. American Counseling Association. Alexandria, VA.

Carlson, R. G. (2016). *Marriage, Couples, & Family Counseling*. In Eds. Minton, C. B., Gibson, D. M., & Morris, C. W. (2016) *Evaluating Student Learning Outcomes in Counselor Education: Workbook and Applications*. American Counseling Association. Alexandria, VA.

Carlson, R. G. (2012). Review of the book, *Intimacy & Desire: Awaken the passion in your relationship*, by David Schnarch. *Journal of Couple and Relationship Therapy*, 11(3), 269-270.

Carlson, R. G. (2013). Assessment Use at a Couples' Research Institute. In D. Hayes *Assessment in counseling: A guide to the use of psychological assessment procedures (5th Ed.)*. American Counseling Association: Alexandria, VA.

Technical Evaluation Reports

Carlson, R. G., Dickenson, T., Rogers, B. D., Hipp, C. J., & Glascoe, G. (2021). *Six Month Impact Evaluation of Prevention and Relationship Education Program's (PREP's) Within Our Reach in Orlando, Florida - Final Impact Evaluation Report for University of Central Florida*. Submitted to the Administration for Children and Families, Office of Family Assistance. Washington, DC.
https://www.acf.hhs.gov/sites/default/files/documents/ofa/U_Central_FL_Impact_Report.pdf

Carlson, R. G., Dickenson, T., Starrat, A., Rodgers, B., Hipp, C. J., & Glascoe, G. (2021). *Final Descriptive Evaluation Examining Participant Profiles, Recruitment, and Retention for Prevention and Relationship Education Program's (PREP) Within My Reach in Orlando, Fl*. Submitted to the Administration for Children and Families, Office of Family Assistance. Washington, DC.
https://www.acf.hhs.gov/sites/default/files/documents/ofa/U_Central_FL_Descriptive_Report.pdf

Grant Implementation and Research Experience

UCF Marriage & Family Research Institute – Associate Project Director, *Together Project*

August 2009 – September 2011

- Monitor programmatic benchmarks and evaluate implementation of evidenced based changes for two federally funded experimental design research studies
- Develop and maintain community referral partnerships with local agencies and organizations, such as Orange County Department of Health, Seminole County Department of Health, Seminole Community College, and the Arnold Palmer Developmental Center for Infants & Children

- Supervise two full-time recruiters, four part-time graduate assistants, and nine undergraduate research assistants
- Supervise the Assistant Director of Family Services
- Oversee implementation of domestic violence screening protocol for over 1,000 couples
- Develop monthly and quarterly progress reports for project funders
- Present at the yearly grantee technical assistance conference
- Oversee data collection and imputation of research-related data

UCF Marriage & Family Research Institute – Assistant Director of Intake & Recruitment, *Together Project*

December 2006 – July 2009

- Provided oversight to the recruitment of over 4,000 couples and random assignment of 876 low-income married couples with children for a national experimental study
- Monitored programmatic benchmarks and evaluated for implementation of evidenced based changes
- Established and maintained community partnerships with local agencies and organizations, such as Orange County Department of Health, Seminole Community College, and the Arnold Palmer Developmental Center for Infants & Children
- Presented the SHM Together Project to agency staff, schools, health fairs and local conferences, such as Department of Children & Family's ACCESS Community Partner Meeting
- Developed and implemented a domestic violence screening protocol in conjunction with Harbor House
- Assisted in the development of policies and procedures manual for the SHM Together Project, a national random assignment study housed within the institute
- Trained marriage and relationship educators in the 30 hour Practical Application for Intimate Relationship Skills (PAIRS) For Our Future, For Our Families curriculum

UCF Marriage & Family Research Institute – Graduate Research Assistant, *Stronger Marriages Stronger Families Project*

January 2004 – May 2005

- Research Coordinator for data gathered from couple's assessments; organized and entered data into four separate databases that consisted of over 200 fields each
- Scored battery of assessments used during counseling, including: Conflict Tactics Scale, Weiss-Cerreto Marital Status Inventory, Locke-Wallace Marital Adjustment Test, Wellness Evaluation of Lifestyle, and ENRICH Couples Scale
- Participated on planning committee for Stronger Marriages and Stronger Families' first annual conference in June 2003; which included over 60 attendees, one keynote speaker, and six breakout sessions
- Attended National Foster Parent Conference, Central Florida Downe's Syndrome Buddy Walk, and other affiliated workshops and conferences to promote free counseling services offered through the Stronger Marriages and Stronger Families grant
- Received training and certification for couples counseling in the PREPARE/ENRICH model and Young and Long's Brief Couples Counseling Model

Grants and Contracts:

Funded

Source: United States Department of Education; Mental Health Services Demonstration Grant Program

Title: Project PRISMS: Providing Resources to Increase School Mental Health Supports

Dates: 01/23-12/28

Role: Co-Principal Investigator

Total Award: \$5,003,365

Source: Administration for Children and Families, Office of Family Assistance

Title: UofSC Family Strengthening Evaluation subcontract for the University of Central Florida's Project Harmony

Dates: 2020-2025

Role: Principal Investigator/Evaluator

Total Grant Award: \$7,500,000

Total Sub Award: \$656,049

Source: University of South Carolina, College of Education

Title: Discernment Counseling Training

Dates: 4/2018-1/2019

Role: Principal Investigator

Total Award: \$5,000

Source: Qatar Foundation, Doha International Family Institute

Title: Marriage and Relationship Education: Historical Contexts, Current Research, & Future Directions.

Dates: 2/30/2018 – 7/30/2018

Role: Principal Investigator

Total Award: \$10,000

Source: Health Resources and Services Administration

Title: Preparing Professional Counselors to Provide Effective Services to At-Risk Children, Adolescents, Transitional-Age Youth, and Families.

Dates: 9/30/2017-9/29/2018

Role: Co-Investigator

Total Award: \$285,041

Source: National Institute for Justice

Title: Youth Violence and Victimization: Predicting Responses to Peer Aggression

Dates: 9/30/2016-9/29/2018

Role: Co-Investigator

Total Award: \$150,000

Source: University of South Carolina, Office of Vice President for Research

Title: School Mental Health Response and Resilience During the 2015 South Carolina Flood

Dates: 1/30/2016-12/30/2017

Role: Co-Investigator

Total Award: \$19,836

Source: Administration for Children and Families, Office of Family Assistance

Title: UofSC Family Strengthening Evaluation subcontract for the University of Central Florida's Project Harmony

Dates: 9/30/2015-9/29/20

Role: Principal Investigator/Evaluator

Total Grant Award: \$10,000,000

Total Sub Award: \$636,019

Source: University of South Carolina, Office of the Provost

Title: Judgments and Reasoning About Bullying of Youth with Disabilities: The Role of Peer and Family Contexts.

Dates: 5/30/2015-5/30/2017

Role: Co-Investigator

Total Award: \$19,999

Source: University of South Carolina, Office of Vice President for Research: ASPIRE Track II

Title: Promoting Engaged Parents in Special Education (Project PEPSE).

Dates: 5/30/2014-8/30-2015

Role: Co-Investigator

Total Award: \$99,983

Source: University of South Carolina, Office of the Vice President for Research: ASPIRE I

Title: Assessing Relationship Violence Across a Continuum: A Scale Development Project

Dates: 5/30/2014-8/30/2015

Role: Principal Investigator

Total Award: \$14,994

Source: University of South Carolina, College of Education

Title: Examining the Relationships Between Cyber Aggression, Attitudes Towards Violence, and IPV Typologies Among Young Adults

Dates: 6/1/2013-5/30/2014

Role: Principal Investigator

Total Award: \$5,000

Source: Administration for Children and Families, Office of Family Assistance

Title: Project TOGETHER (To Offer Great Education That Harvests Enduring Relationships)

Dates: 9/30/2011-9/29/2012

Role: Project Director

Total Award: \$2,184,000

Student/Mentored Grants

Source: University of South Carolina, Office of Vice President for Research, Support to Promote Advancement of Research and Creativity (SPARC)

Title: Examining the Effects of an Adapted Therapy for Sexual Minority Individuals on their Psychological Well-Being

Dates: 05/01/21-05/01/22

Student Investigator: Thomas Mitchell Toomey

Role: Faculty Mentor

Funded Amount: \$5,000

Source: National Science Foundation HER Core Research: Building Capacity in STEM Education Research

Title: Generational Family Patterns and Engineering Entry and Persistence: A Bowen Family Systems Approach

Dates: 10/1/22-9/29/25

PI: Sona Gholizadeh

Role: PI Faculty Mentor

Funded Amount: \$349,999

Professional Presentations ($N = 109$)

Peer Reviewed International, National, and Regional Presentations

Doss, B. D., Barden, S. M., **Carlson, R. G.**, Rhoades, G., Futris, T., & Adler-Baeder, F. (July, 2024). *Opportunities and Challenges of Remote Services: Lessons Learned*. Presented at the bi-annual grantee meeting for the Office of Family Assistance. Washington, DC.

Carlson, R. G., Silverio, N., & Wheeler, N. J. (2024, February). *The Spillover Effects of Co-Parental Relational Health on Child Mental Health and Well-Being*. Presented at the annual meeting for the International Association of Marriage & Family Counselors in St. Petersburg, FL.

Carlson, R. G. (2024, February). *Intimate Partner Violence: Identifying typologies and developing safe screening practices for couples*. Presented at the annual meeting for the International Association of Marriage & Family Counselors in St. Petersburg, FL.

Hodge, V., Gao, R., & **Carlson, R. G.** (2023, November). *Service Modality as a Moderator of Help-Seeking and Motivation for Participants in a Couple Relationship Education Program*. Presented at the National Council on Family Relations in Orlando, FL.

Lenger, K. A., Gordon, K. C., **Carlson, R. G.**, Jones, S. C. T., Newcomb, M., Whitton, S., & Williamson, H. (2023, November). Panelist of *Increasing access to care among under-resourced and under-represented couples in research and practice: What is working and what else is needed?* Panel discussion at the annual meeting of the Association of Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

Hodge, V., Gao, R., & **Carlson, R. G.** (2023, September). *Service Modality as a Moderator of Help-Seeking and Motivation for Participants in a Couple Relationship Education*

Program. Presented at the Association for Assessment and Research In Counseling. Nashville, TN.

Skeen, A. I., Go, J., & **Carlson, R. G.** (2023, October). *Dyadic Measurement Invariance for the Continuum of Conflict and Control Relationship Scale*. Presented at the Association for Counselor Education and Supervision in Denver, CO.

Skeen, A. I., Go, J., & **Carlson, R. G.** (2023, September). *Dyadic Measurement Invariance for the Continuum of Conflict and Control Relationship Scale*. Presented at the Association for Assessment and Research in Counseling. Nashville, TN.

Sookwah, R. D., Gholizadeh, S., Jerideau, S. A., Diez, L. D. & **Carlson, R. G.** (2023, June). *The Use of Family Career Genogram in Assessing Undergraduate Engineering Student Success*. Paper presented at 2023 ASEE Annual Conference & Exposition. Baltimore, Maryland. <https://strategy.asee.org/44494>.

Gao, R., & **Carlson, R. G.** (2023, May). *Factor Structure and Dyadic Measurement Invariance of the English Version of Dyadic Coping Inventory Measuring Low-Income Couples in the U.S.* Presented as a virtual paper at the annual American Educational Research Association.

Limberg, D., Lambie, G., & **Carlson, R. G.** (2022, November). *How to Get Published*. Presented as a preconference learning institute at the South Association for Counselor Education and Supervision conference in Baltimore, Maryland.

Carlson, R. G., Silverio, N., & Meyer, D. (2022, January). *Relationship Education: Overview of Federal Support, Effectiveness, and Integration into Practice*. Presented at the annual International Association for Marriage and Family Counseling conference in New Orleans, LA.

Wheeler, N. J., & **Carlson, R. G.** (2021, April). *Counseling Diverse Couples: Lessons from Relationship Education Research*. Presented at the annual American Counseling Association Conference.

Wheeler, N. J., **Carlson, R. G.**, Sami, W., & Hipp, S. J. (2020, November). *Adverse Childhood Experiences (ACE) as Predictors of Differences in Intimate Relationship Equality, Conflict and Control*. Presented at the annual National Council on Family Relations Conference.

Carlson, R. G., & Barden S. M. (2020, November). *Project Harmony: Effectiveness of PREP's Within Our Reach program in a randomized controlled trial of low-income couples*. Presented as a lightening paper in the symposium *Ongoing Lessons Learned From Evaluation Research on the Federal Health Relationship and Responsible Fatherhood Education Initiatives, 2005-2020*. Symposium presentation at the annual National Council for Family Relations Conference. Discussant: Dr. Alan Hawkins.

- Carlson, R. G.,** Griffith, S-M. A., Wheeler, N. J., & Daire, A. P. (2020, January). *Consortium for Family Strengthening Research: A Multi-University Collaborative for Community-Based Family Science Research and Mentoring in Counselor Education*. Presented at the annual World Conference for the International Association of Marriage and Family Counselors. New Orleans, LA.
- Carlson, R. G.,** Wheeler, N. J., & Liu, X. (2019, November). *A Latent Profile Analysis of Couples who Participated in Relationship Education Focused on Satisfaction, Self-regulation and well-being*. Paper presented at the National Council on Family Relations. Ft. Worth, Texas.
- Wheeler, N. J., Griffith, S-A. M., & **Carlson, R. G.** (2019, November). *Exploring Relationship Self-Regulation with Economically and Ethnically Diverse Couples Following Relationship Education*. Presented at the National Council on Family Relations. Ft. Worth, Texas.
- Carlson, R. G.,** Daire, A. P., Wheeler, N. J., & Griffith, S-A, M. (2019, September). *Consortium for Family Strengthening Research: A Multi-University Collaborative for Mentoring and Family Science in Counselor Education*. Presented at the Association for Assessment and Research in Counseling. San Antonio, TX.
- Hipp, C. J., **Carlson, R. G.,** Wheeler, N. J., & Deaton, J. (2019, September). *Dyadic Research in Qualtrics: Simple Steps to Follow*. Presented at the Association for Assessment and Research in Counseling. San Antonio, TX.
- Wheeler, N. J., Griffith, S-A, M., **Carlson, R. G.,** & Regal, R. (2019, September). *Relationship Self-Regulation with Economically & Diverse Couples*. Presented at the Association for Assessment and Research in Counseling. San Antonio, TX.
- Carlson, R. G.,** Barden, S. M., Dillman Taylor, D., & Silverio, N. (2019, August). *The Influence of Relationship Education on Dyadic Coping and Parenting*. Presented at the bi-annual grantee meeting for Healthy Marriage & Responsible Fatherhood. Washington, DC.
- Carlson, R. G.,** & Barden, S. M. (2018, November). *Community-Based Relationship Education with Low-Income Couples and Individuals*. Symposium presented at the Association for Behavioral and Cognitive Therapies. Washington, DC.
- Carlson, R. G.,** Wheeler, N. J., & Liu, X. (2018, November). *Impact of Social Capital on Family Relationships for Low-Income Couples*. Presented at the National Council for Family Relations. San Diego, CA.
- Carlson, R. G.,** & Wheeler, N. J. (2018, October). *Impact of Social Capital on Family Relationships for Low-Income Couples*. Presented at the Southern Association for Counselor Education and Supervision. Myrtle Beach, SC.

- Carlson, R. G., & Romagnolo, S. M.** (2018, September). *Intent to attend as a facilitator of attendance and engagement in community-based relationship education*. Presented at the annual Association for Assessment and Research in Counseling conference. Richmond, Virginia.
- Dickenson, T. S., **Carlson, R. G., & Barden, S. M.** (2018, April). *Application of a multilevel growth model with dyadic data*. Presented at the annual American Educational Research Association. New York, NY.
- Carlson, R. G., Daire, A. P., Gnilka, P., & Liu, X.** (2017, November). *Predicting mental health based on couples' satisfaction*. Presented at the National Council of Family Relations. Orlando, FL.
- Barden, S. M., Taylor, D., & **Carlson, R. G.** (2017, November). *Investigating the preliminary impact of relationship education for ethnically diverse couples*. Presented at the National Council of Family Relations. Orlando, FL.
- Wheeler, N. J., **Carlson, R. G., & Griffith, S-A.** (2017, October). *Addressing income-based disparities: Implications from the research*. Presented at the American Counseling Association annual conference. Chicago, IL.
- Barden, S. M., Taylor, D. D., & **Carlson, R. G.** (2017, October). *Investigating the impact of relationship education for couples: A randomized controlled trial*. Presented at the American Counseling Association annual conference. Chicago, IL.
- Ohrt, J., **Carlson, R. G., & Wymer, B.** (2017, April). *School mental health response and resilience during the 2015 South Carolina flood*. Presented at the Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
- Ohrt, J., **Carlson, R. G., Brodonada, T., Wymer, B., & Guest, J.** (2017, March). *School mental health response and resilience during the 2015 South Carolina flood*. Presented at the American Counseling Association. San Francisco, CA.
- Gnilka, P., Conley, A., Ohrt, J., & **Carlson, R. G.** (2017, March). *The clinical vs. statistical decision making debate in counseling*. Presented at the American Counseling Association. San Francisco, CA.
- Carlson, R. G., Wheeler, N. J., Wymer, B. C., & Hipps, C. J.** (2016, October). *Individual-oriented relationship education and changes in risk for intimate partner violence*. Presented at the Southern Association for Counselor Education and Supervision. New Orleans, LA.
- Feather, K., & **Carlson, R. G.** (2016, October). *Disability competencies: Rethinking training and standards in Counselor Education*. Presented at the Southern Association for Counselor Education and Supervision. New Orleans, LA.

Daire, A. P., Wheeler, N. J., & **Carlson, R. G.** (2016, April). *The Triadic model: A holistic approach to working with low-income couples*. Presented at the American Counseling Association. Montreal, Canada.

Carlson, R. G., Rogers, T. L., & Lipscomb, G. (2016, April). *Screening for partner violence: Presenting a new measure to help determine safety*. Presented at the American Counseling Association. Montreal, Canada.

Carlson, R. G., Rogers, T. L., Wheeler, N. J., Kelchner, V. P., & Wofford, J. R. (2015, October). *The continuum of conflict and control relationship scale (CCC-RS): Psychometrics for a measure designed to discriminate among types of intimate partner violence*. Presented at the Association for Counselor Education and Supervision. Philadelphia, PA.

Hock, R., George, M., **Carlson, R. G.**, Kumpiene, G., Weist, M., & Yell, M. (2015, September). *Perceptions of facilitators and barriers to family-school partnerships among parents of high-school youth with emotional and behavioral disorders*. Presented at the 9th World Congress on the Promotion of Mental Health & the Prevention of Mental and Behavioural Disorders. Columbia, SC.

Daire, A. P., Dobmeier, R., **Carlson, R. G.**, & Michel, B. (2015, March). *Evidenced Based Counseling & Advocacy for Older Adults*. Presented at the 2015 American Counseling Association. Orlando, FL.

Case-Pease, J., **Carlson, R. G.**, & Wheeler, N. (2015, March). *Couple Satisfaction, Family Service Counselor Visits, Relationship Education: What Works?* Presented at the 2015 American Counseling Association. Orlando, FL.

Wheeler, N. J., & **Carlson, R. G.** (2014, October). *Serving the Under-served: Serving Couples and Individuals Who Are Low-Income*. Presented at the 2014 Southern Association for Counselor Education and Supervision. Birmingham, Alabama.

Limberg, D., **Carlson, R. G.**, Ieva, K. (2014, October). *Collaboration Between Counselor Educators to Increase External Funding Opportunities*. Presented at the 2014 Southern Association for Counselor Education and Supervision. Birmingham, Alabama.

Carlson, R. G., Fripp, J., Rogers, T., & Feather, K. (2014, October). *The Relationship Between Technology Usage, Stress, and Partner Violence Among Emerging Adults*. Presented at the 2014 Southern Association for Counselor Education and Supervision. Birmingham, Alabama.

Carlson, R. G., Limberg, D. (2014, September). *The Contribution of Couple Demographics and Overall Couple Well-Being to Change After Attending Relationship Education*. Presented at the 2014 Association for Assessment and Research in Counseling. Moline, Illinois.

- Carlson, R. G., & Daire, A. P.** (2014, March). *Parental Alliance for Low-income Couples and Individuals Participating in Relationship Education Workshops*. Presented at the 2014 American Counseling Association's annual conference. Honolulu, Hawaii.
- Carlson, R. G.** (2013, October). *Relationship Education with Low-Income Ethnically Diverse Couples: Challenges and Successes*. Presented at the 2013 Association for Counselor Education and Supervision annual conference. Denver, Colorado.
- Daire, A. P., & **Carlson, R. G.** (2013, October). *Developing a Sustainable and Fundable Research Agenda*. Presented at the 2013 Association for Counselor Education and Supervision annual conference. Denver, Colorado.
- Carlson, R. G., & Gibson, D. G.** (2013, September). *Teaching Counseling Students to Measure Their Success*. Presented at the 2013 Association for Assessment and Research in Counseling annual conference. Houston, Texas.
- Carlson, R. G., & Daire, A. P.** (2013, September). *A Comparison of High and Low Risk Couples' Outcomes in Relationship Education*. Presented at the 2013 Association for Assessment and Research in Counseling Annual Conference. Houston, Texas.
- Barden, S. M., & **Carlson, R. G.** (2012, November). *Establishing Domestic Violence Protocols in Military Settings*. Presented at the 2012 European Branch of the American Counseling Association. Wiesloch, Germany.
- Carlson, R. G., Young, M. E., & Daire, A. P.** (2012, October). *Fragile Couples, Fragile Families: Targeting and serving economically disadvantaged clients*. Presented at the 2012 Southern Association for Counselor Education and Supervision. Savannah, Georgia.
- Carlson, R. G., Barden, S. M., Daire, A. P.** (2012) *Measuring outcomes in relationship interventions: Challenges and strategies for success*. Presented at the 2012 Association for Assessment in Counselor Education. Orlando, Florida.
- Daire, A. P., **Carlson, R. G., Barden, S. M.** (2012) *Developing and sustaining a research institute*. Presented at the 2012 Association for Assessment in Counselor Education. Orlando, Florida.
- Carlson, R. G.** (2012, March). *Counseling for couples with intimate partner violence: How do you know when it's safe to proceed?* Presented at the 2012 American Counseling Association. San Francisco, California.
- Carlson, R. G., Munyon, M. D., & Daire, A. P.** (2011, October). *Continuum of Conflict and Control: Applications for supervision and practice*. Presented at the 2011 Association for Counselor Education and Supervision. Nashville, Tennessee.
- Daire, A. P., Munyon, M. D., & **Carlson, R. G.** (2011, October). *Four domains of family adjustment: A model for understanding and treating parents with special needs children*.

Presented at the 2011 Association for Counselor Education and Supervision. Nashville, Tennessee.

Carlson, R. G., Munyon, M. D., & Daire, A. P. (2011, May). *Marital expectations of low-income married Hispanic couples with children: A qualitative study*. Presented at the 2011 Office of Family Assistance Grantees Annual Meeting. Baltimore, Maryland.

Munyon, M. D., **Carlson, R. G.,** & Daire, A. P. (2011, May). *Factors that influence participation of low-income married couples in marriage and relationship education programs*. Presented at the 2011 Office of Family Assistance Grantees Annual Meeting. Baltimore, Maryland.

Daire, A. P., & **Carlson, R. G.** (2010, October). *A domestic violence protocol readiness model: A guide for establishing dv protocols*. Presented at the 2010 Southern Association for Counselor Education and Supervision. Williamsburg, Virginia.

Carlson, R. G., Jones, K. D., & Bell, C. H. (2010, October). *Continuum of conflict and control: A conceptualization of intimate partner violence typologies*. Presented at the 2010 Southern Association for Counselor Education and Supervision. Williamsburg, Virginia.

Daire, A.P., **Carlson, R. G.,** Munyon, M., & Soto, D. (2010, March). *Establishing domestic violence protocols for couples counseling and relationship education interventions*. Presented at the 2010 American Counseling Association conference. Pittsburgh, Pennsylvania.

Carlson, R. G., Daire, A.P., & Munyon, M. (2010, March). *Utilizing marital and relationship education (MRE) techniques in couples counseling*. Presented at the 2010 American Counseling Association conference. Pittsburgh, Pennsylvania.

McCloud, C., Daire, A. P., Ascher, D., & **Carlson, R. G.** (2009, October) *What is the Role of Counselor Educators in Meeting the Mental Health Needs of Military Families?* Presented at the Association for Counselor Education and Supervisors (ACES) Annual Conference. San Francisco, CA.

Roberts, K. M., Robi, S. E., Munyon, M. D., & **Carlson, R. G.,** (2009, July). *Recruitment: Lots of Pot and Food*. Presented at Smart Marriages Conference. Orlando, FL.

Carlson, R. G., & Daire, A. P. (2009, August). *Follow The Yellow Brick Road of Data*. Presented at the Office of Family Assistance Grantee Conference. Washington, DC.

Daire, A. P., Munyon, M. D., & **Carlson, R. G.** (2008, July). *PAIRS: For Our Future/For Our Family*. Presented at Smart Marriages Conference. San Francisco, CA.

Daire, A. P., Vogel, J. & **Carlson, R. G.** (2005, January) *Perimenopause and Sexuality: Implications for Couples Counseling*. Presented at the 1st Annual International Association of Marriage and Family Counselors Conference. New Orleans, LA.

Young, M. E, Daire, A. P., Vogel, J., **Carlson, R. G.**, Negron, M., & Limberg, D. (2005, January). *Healthy marriage initiative at a community counseling clinic*. Presented at the 1st Annual International Association of Marriage and Family Counselors Conference. New Orleans, LA.

Peer Reviewed Local and State Presentations

Tolan, L., Garrison, P., & **Carlson, R. G.** (2023, February). *Adverse Childhood Experiences' Relationship with Alcohol and Substance Use*. Presented at the annual South Carolina Counseling Association in Hilton Head, SC.

Gordon, R. A., Gao, R., Go, J., & **Carlson, R. G.** (2022, June). *Examining group differences by intervention hours attended for couples randomly assigned to receive relationship education*. Presented at the South Carolina Association for Marriage and Family Therapy.

Rothschild, H. T., & **Carlson, R. G.** (2019, April). *A correlational study of ethnically diverse individuals in relationship education and their attendance*. Presented at the UofSC Discovery Day for undergraduate research.

Carlson, R. G. (2016, April). *Promoting Child Outcomes Through Family Engagement in Relationship Education*. Presented at the South Carolina Behavioral Health Conference. Myrtle Beach, SC.

Carlson, R. G., & Rogers, T. (2015, February). *Couples Counseling and Intimate Partner Violence: When is it safe?* Presented at the South Carolina Counseling Association's Annual Conference. Hilton Head, SC.

Carlson, R. G., Jones, K. D. (2010, February). *Continuum of Conflict and Control: A Conceptualization of Intimate Partner Violence*. Presented at the UCF Counselor Education Annual Conference. Orlando, FL.

Carlson, R. G., Livingston, T., & Negron, M. (2004). *Assessments in Couples Counseling*. Presented at the Annual Stronger Marriages, Stronger Families Conference. Orlando, FL.

Invited Presentations

Carlson, R. G., (April, 2024). *Relationship Education and Other Relational Supports in the Context of School Mental Health*. Presented at the annual South Carolina School Behavioral Health Conference. Myrtle Beach, SC.

Carlson, R. G., Wheeler, N. J., & Carroll, N. (February, 2024). *Strategies for Mentoring Relationships and Implementing a Research Lab*. Presented for the National Council on Family Relations' monthly member webinar.

Stanley, S. M., Futris, T., & **Carlson, R. G.** (July, 2023). *Evaluation Research: Challenges and Opportunities*. Moderated by Hawkins, A. Presented at the annual National Association for Relationship and Marriage Education in Charleston, SC.

Carlson, R. G. (2023, May). *Relationship Education and Distress Prevention: Current Research and Clinical Considerations for Couples*. Invited plenary for the International Association of Marriage and Family Counselors in Ho Chi Min, Vietnam.

Carlson, R. G. (2023, May). *Using Baseline Data to Inform Data Collection*. Presented as a webinar at the Office of Family Assistance HMRE Cross-site Grantee Collaborative.

Carlson, R. G. (2023, February). *Relationship Education and Distress Prevention: Current Research and Clinical Considerations for Couples*. Presented as a monthly webinar for the International Association for Marriage and Family Counselors.

Carlson, R. G. (2022, February). *Developing Research Questions for an Impact Evaluation*. Invited panelist for cross-site local evaluation webinar. Administration for Children and Families, Office of Family Assistance.

Carlson, R. G. (2021, June). *Supporting Parents of Children with Disabilities*. Invited presenter for the monthly Behavioral Alliance of South Carolina (BASC) Webinar.

Carlson, R. G., & Silverio, N. (2021, January). Invited panelist for the Marriage and Family Strengthening Research Center (MAST) Center webinar series, third webinar: *Researcher-Practitioner Continued Conversations: /disseminating Program Implementation and Outcome Evaluation Data from Beginning to End*.

Carlson, R. G., & Wheeler, N. J. (2020, December). *Grant Writing in Counselor Education: Strategies for Identifying & Developing Strong Proposals*. Presented virtually for the Southern Association for Counselor Education's Monthly Webinar Series.

Carlson, R. G. (2020, September). *Pandemic Parenting: Coping Strategies for Working Parents*. Presented to the University of South Carolina Staff Professional Development online webinar series.

Carlson, R. G., & Carroll, N. (2020, September). Invited panelist for the Marriage and Family Strengthening Research Center (MAST) Center webinar series, second webinar: *Communicating through implementation challenges: Conversations in Research-Practitioner Partnerships*.

Carlson, R. G., & Silverio, N. (2020, August). Invited panelist for the Marriage and Family Strengthening Research Center (MAST) Center webinar series, first webinar: *Selecting a Program Evaluator*.

Carlson, R. G. (2019, December). *Change Nuggets*. Presented at the Oklahoma City Research Advisory Group. Oklahoma City, Ok.

Carlson, R. G. (2018, December). *Intent to Attend as a Facilitator of Attendance in Community-Based Relationship Education*. Presented at the Oklahoma City Research Advisory Group. Oklahoma City, Ok.

Carlson R. G. (2017, December). *Triadic Challenges Facing Vulnerable Families in Relationship Education*. Presented at the Oklahoma City Research Advisory Group. Oklahoma City, Ok.

Carlson, R. G. (2015, November). *Communicating to Create Connection*. 1st Annual Healthy Homes Conference. Lexington, SC.

Carlson, R. G. (2014, September). Invited panelist by Mullen, P. R. and Wood, A. *Grant Writing Panel Presentation and Discussion*. Conducted at the Association for Assessment and Research in Counseling. Moline, Illinois.

Carlson, R. G. (2014, May). *Ten Years of CRE: Has It Been Worth It?* Keynote Address, 10 Year Anniversary of the UCF MFRI. Orlando, FL.

Carlson, R. G. (2014, April). *Couples and Relationship Education: Overview of Research and Practical Applications in Therapy*. Christian Mental Health Network. Columbia, South Carolina

Carlson, R. G. (2013, May). *Strengthening Hispanic families through strong relationships and healthy marriages: What we know and don't know*. Administrations for Children and Families' Hispanic Healthy Marriage, Fatherhood and Strengthening Families Forum. Miami, Florida.

Duxler, M., **Carlson, R. G.**, Munyon, M. D., & Baker, J. (2011, June). *Innovative marriage strengthening programs in the US: A five-year retrospective*. The Kansas Family Strengthening Summit. Wichita, Kansas.

Munyon, M. D., **Carlson R. G.** (2011, June). *Research and practice initiatives for marriage and relationship education*. Plenary Address - The Kansas Family Strengthening Summit. Wichita, Kansas.

Carlson, R. G. (2009). *Life after graduation*. Keynote Address – Chi Sigma Iota, Upsilon Chi Chapter Initiation and Banquet.

Community Presentations

Carlson, R. G. (2019, April). *Citizens review panel – Domestic violence*. Columbia, SC.

Carlson, R. G. (2018, January). *Screening for partner violence*. Richland County School District Two's Intervention Services. Columbia, SC.

- Carlson, R. G.** (2016, March). *Screening for partner violence*. Richland County School District Two's Intervention Services. Columbia, SC.
- Carlson, R. G.** (2014, April). *Take Hold...Of Your Relationships!* East Lake Community Church. Irmo, SC.
- Carlson, R. G.** (2014, April). *Continuum of Conflict and Control: Partner Violence Typologies and Current Protocol Trends*. Richland County School District Two's Intervention Services. Columbia, SC.
- Carlson, R. G.** (2012). *Navigating the Seas of Emotions: Strategies for a successful marriage*. Early Steps Program. Orlando, FL.
- Carlson, R. G.** (2010). *Parent mentor training*. Downe's Syndrome Association of Central Florida. Orlando, FL.
- Carlson, R. G.** (2010). *Addictions and the family*. Supporting Healthy Marriages Together Project Booster Session.
- Carlson, R. G.,** Hiett, J., & Mitchell, S. (2009). *Navigating the Seas of Emotions: Strategies for a successful marriage*. Early Steps Program. Orlando, FL.
- Daire, A. P. & **Carlson, R. G.** (2008). *Strategies for Successful Relationships*. Spina Bifida Association of Central Florida. Orlando, FL.
- Daire, A. P. & **Carlson, R. G.** (2007). *Navigating the Seas of Emotions: Strategies for a successful marriage*. Early Steps Program. Orlando, FL.

Teaching

Teaching Experience

Instructor

University of South Carolina

| | |
|----------|---|
| EDCE 804 | Internship in Counselor Education – EdS Students on the mental health track |
| EDCE 716 | Leaders in Counselor Education – EdS Students in MCFC track |
| EDCE 714 | Mental Health Counseling – EdS Students |
| EDCE 822 | Advanced Practicum - PhD Students |
| EDCE 813 | Professional Issues in Counselor Education - PhD students |
| EDCE 855 | Internship in Counselor Education - PhD Students |
| EDCE 720 | Theories of Counseling - EdS Students |
| EDCE 503 | Family Counseling - EdS Students |
| EDCE 711 | Advanced Family Counseling - EdS Students |

University of Central Florida

MHS 2330 Career Planning - Undergraduate

Co-Instructed Courses

MHS 6500 Group Counseling - Spring 2011, Instructor – Dr. Gulnora Hundley

MHS 6401 Techniques in Counseling - Fall 2010, Instructor – Dr. Andrew P. Daire

Teaching Assistant

MHS 5005 Introduction to The Counseling Profession - Fall 2009 and Spring 2010, Instructor – Dr. S. Kent Butler

Guest Lectured

EDCE 705 Educational Measurement – Fall 2018-2023 – Experimental Designs – Dr. Dodie Limberg

SOW Advanced Social Work Practice with Families (UofSC) – Spring 2014, Presented – Couples and Relationships Education: Overview of Research and Practical Applications in Therapy, Instructor – Dr. Robert Hock.

MHS 6440 Couples Counseling - Summer 2011, Presented – Marriage and Relationship Education Tools in Couples Counseling, instructor – Dr. Shea Hughes-Brand

MHS 6440 Couples Counseling - Summer 2011, University of Central Florida, presented – PAIRS *For Our Families, For Our Future*, Instructor – Dr. Gulnora Hundley

COM 3013 Communication and the Family - Spring 2011, presented Mental Health Stressors And Their Affect On Family Functioning, Instructor – Dr. Harry Weger, Jr.

MHS 6407 Counseling for Wellness - Fall 2010, presented Maintaining a Healthy Relationship, Instructor – Dr. Mark E. Young

MHS 6440 Couples Counseling - Summer 2009, presented – Marriage and Relationship Education, Instructor – Dr. Shea Hughes-Brand

MHS 6465 Counseling Victims and Perpetrators, Summer 2009, presented – Domestic Violence Protocol: MRE & Therapy, Instructor – Dr. K. Dayle Jones

Service***Student Dissertations/Thesis****Dissertation Chair (N = 14)*

* Indicates student accepted academic position post-graduation

*Fripp, J.A. *The Effect of Attitude and the Influence of Stigma on the Help Seeking Behavior of People of Color in Mental Health Services*. Defended, Spring 2015Lowe, C. *Measuring the Self-Perceived Transformational Leadership Skills of School Counselors: A Comparison Across Settings*. Defended, Spring 2016*Rogers, T.L. *Examining the Effect of Feminist Self-Labeling and Feminist Perspectives on Self-Efficacy of Young Adults*. Defended, Spring 2016

- *Cook, C. *Post Traumatic Growth Development: Examining the Effects of Core Belief Disruption, Event Centrality, and Time Since Trauma*. Defended, Spring 2017
- *Adams, J. J. *A Narrative Study of Black Males' Sense of Belonging in Graduate Counseling*. Defended, Spring 2018
- *Bates, D. *A Comparative Case Study of the Experiences of Convicted African-American Fathers*. Defended, Spring 2018
- *Hipp, C. J. *Examining the influence of technoferece on sexual satisfaction and relationship satisfaction using actor-partner interdependence modeling among young adult couples*. Defended, Spring 2019.
- *Fleming, A. *A theoretical formulation of best practices in balancing administrative and clinical supervision: Perceptions of exemplar dual role licensed supervisors in community behavioral and mental health agencies*. Defended, Spring 2020.
- *Toomey, T. M. *Examining the Effects of Well-Being Therapy on Sexual Minority Clients' Psychological Well-Being*. Defended, Spring 2022
^SPARC Grant Recipient from the UofSC Office of VP for Research (\$5,000).
- *Glascoe, G. *A causal comparative study of the effects of physical activity course enrollment on college students' perceived wellness, mental health, and basic psychological needs*. Defended, Spring 2023.
- *Johnson, S. *Examining the relationship between multicultural training and cultural humility development in CACREP-accredited counselor education programs*. Defended, Spring 2023
- Waddington, A. *The contribution of self-efficacy and counselor biases effects on clinical reasoning in new counselors*. Defended, Spring 2023.
- *Craven, L. *Motivational interviewing for victims of intimate partner violence: A single case design*. Defended, Summer 2023.
- Combs, L. *Examining Coping, Resilience, and Family Resilience as Strengths-Based Factors for LGBTQ+ Individuals*. Anticipated defense, Fall 2024.

Dissertation Committee Member (N = 30)

* Indicates student was/is out of department

- Dr. Renee Sherrell – University of Central Florida. Defended Spring 2014
- Dr. Tara Darby – University of South Carolina. Defended Fall 2014
- Dr. Cristina Braga – University of South Carolina. Defended Spring 2015
- Dr. Angelica Greiner – University of South Carolina. Defended Spring 2015
- Dr. Viki Kelchner – University of South Carolina. Defended Spring 2015
- Dr. Melissa Swartz – University of South Carolina. Defended Spring 2015
- Dr. Nicole Cavanagh – University of South Carolina. Defended Summer 2015
- Dr. Tanesha Boyd – University of South Carolina. Defended Spring 2016
- Dr. James Brown – University of South Carolina. Defended Spring 2016
- Dr. Justin Muller – University of South Carolina. Defended Spring 2016
- Dr. Lorell Gordon – University of South Carolina. Defended Summer 2016
- Dr. Toyin Adeyemi – University of South Carolina. Defended Fall 2016
- *Dr. Naomi Wheeler – University of Central Florida, Department of Child, Family and Community Sciences. Defended Spring 2017
- Dr. Katherine Feather – University of South Carolina. Defended Spring 2017

Dr. Tiffany Bordonada – University of South Carolina. Defended Spring 2017

*Dr. Katie Knies – University of South Carolina, Department of Psychology. Defended Summer 2017

Dr. Shannon Romagnolo – University of South Carolina. Defended Spring 2018

Dr. Rufus Wofford – University of South Carolina. Defended Spring 2018

*Dr. Lumi Bakos – University of South Carolina, College of Public Health. Defended Spring 2019

Dr. Brooke Wymer – University of South Carolina. Defended, Spring 2019

Dr. Jessie Guest - University of South Carolina. Defended Spring 2019

Dr. Donya Wallace - University of South Carolina. Defended, Spring 2019

*Dr. Daniel Friend – University of Illinois. Defended, Spring 2020

Dr. Jennifer Deaton – University of South Carolina. Defended, Spring 2020

Dr. Esther McCarthy – University of South Carolina. Defended, Spring 2021

Dr. Katy Linich – University of South Carolina. Defended, Summer 2021

*Rachel Regal – Virginia Commonwealth University, Department of Counseling and Special Education. Anticipated Defense, Spring 2023

Cara Thompson – University of South Carolina. Defended, Spring 2023.

*Josh Bradley – University of South Carolina, Department of Psychology. defended, Summer 2024.

Jerideau, S. – *Exploring the Holistic Wellness of Black Women Counselors*. Anticipated defense, Fall 2024.

Honors Thesis Committees

Chair, Amanda Maher – Honors Student at the University of South Carolina. *A Brief Summary of the United States Nonprofit Sector & Handbook for Starting Your Own Nonprofit*. Defended, Spring 2013.

Second Reader, Vincent Ylagan – Honors Student at the University of South Carolina. *The Role of Design in the Psychotherapist's Office*. Defended, Spring 2021.

Editorial Experience

2020-2023 **Advisory Editor:** *Family Process*

2020-2026 **Editorial Board Member:** *Journal of Counseling & Development*

2020-2025 **Editorial Board Member:** *Journal of Marital and Family Therapy*

2021-Present **Reviewer:** *Journal of Child and Family Studies*

2021-Present **Reviewer:** *Journal of Family Violence*

2020-Present **Reviewer:** *Journal of Social and Personal Relationships*

2020 **Reviewer:** *Journal of Family Theory & Review*

2019-Present **Reviewer:** *Family Relations*

2018-2019 **Reviewer:** *Journal of Marital and Family Therapy*

2018-Present **Reviewer:** *Journal of Couple and Relationship Therapy*

2017-2020 **Reviewer:** *Family Process*

2016-2020 **Reviewer** – *Journal of Family Psychology*

2017-2020 **Reviewer** – *Measurement and Evaluation in Counseling and Development*

2016-2018 **Associate Editor of Quantitative Research** – *Counseling and Values Journal*
 2012-2017 **Editorial Board Member** - *Measurement and Evaluation in Counseling and Development*
 2012-2016 **Editorial Board Member** - *Counseling and Values Journal*
 2010-2014 **Editorial Board Member** - *Counseling Outcome Research and Evaluation Journal*
 April 2016 **Invited Article Editor:** *Sage Open Access Journal*
 March 2014 **Invited Article Editor:** *Sage Open Access Journal*
 May 2012 **Invited Guest Reviewer:** *Cross-Cultural Research*

Professional Organizations

Current Member

National Council on Family Relations (NCFR)
 American Counseling Association (ACA)
 *Public Policy and Legislative Committee Member 2022-2023
 International Association of Marriage and Family Counselors (IAMFC)
 *ACA Governing Council Representative: 2021-2024
 Association for Counselor Educators and Supervisors (ACES)
 Southern Association for Counselor Educators and Supervisors (SACES)
 *Chair, Research Task Force: 2019-2020
 Association for Assessment and Research in Counseling (AARC)
 *Awards Committee: 2024
 American Educational Research Association (AERA)
 Chi Sigma Iota International Honors Society
 UofSC Research Consortium on Children and Families

Past Member

American Mental Health Counseling Association (AMHCA)
 South Carolina Association for Licensed Professional Counselors
 *Past member of Board of Directors
 South Carolina Counselors Association
 European Branch – American Counseling Association (EB-ACA)
 University of Central Florida Counselor Education Doctoral Student Organization (CEDSO)
 *Past-President UCF CEDSO (2010-2011)

University

2022-2023 **Chair**, Post Tenure Review Committee, COE EDST
 2021-2022 UofSC Faculty Senator, College of Education (CoE) Representative
 2020-2021 **Chair**, UofSC College of Education Curriculum Committee
 2020-2021 UofSC College of Education Steering Committee
 2021 Member, search committee for CoE grants coordinator
 2020 Member, search committee for clinical assistant professor in counselor education

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| 2020 | Member, search committee for the Director of the Office of Assessment and Accreditation |
| 2019 – 2020 | UofSC graduate curriculum committee for the humanities and social sciences |
| 2018-2020 | UofSC College of Education Curriculum Committee |
| 2018-Present | Coordinator , UofSC College of Education Center for Community Counseling |
| 2018-2019 | UofSC Faculty Senator, College of Education Representative |
| 2018 | UofSC College of Education Holmes Scholar Selection Committee |
| 2017-2018 | College of Education Advanced Programs and Governance Committee |
| 2017 | Reviewer – UofSC Provost Social Sciences Grants |
| 2017-2020 | College of Education Research Institute Leadership Committee |
| 2016-Present | Co-Coordinator , Mental Health Counseling Track in Counselor Education |
| 2016 | Ad hoc Department of Educational Studies Annual Performance Review Revisions Committee |
| 2015 | Reviewer – UofSC Office of VP for Research, ASPIRE Grants |
| 2015-2017 | UofSC Faculty Senator, College of Education Representative |
| 2015-2016 | UofSC, College of Education Strategic Planning Committee |
| 2013-2017 | Chapter Faculty Advisor for UofSC Chi Sigma Iota, Upsilon Sigma Chi Chapter |
| 2013-2015 | Faculty Affairs Committee, Department of Educational Studies, UofSC |
| 2012-Present | UofSC Marriage, Couples, and Family Counseling Advisory Board |
| 2010-2012 | UCF Counselor Education Advisory Board |
| Fall 2011-2012 | UCF Admissions & Standards Committee: <i>Graduate Student Representative</i> |

Community

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|--------------|---|
| 2023-2025 | Member – School Improvement Council, New Providence Elementary |
| 2022-Present | South Carolina Department of Mental Health University Partnership Team |
| 2021 | Regulatory Task Force appointee for the South Carolina License and Regulatory Board for Licensed Professional Counselors, Marriage and Family Therapists, and Licensed Addictions Counselors. |
| 2019-2020 | Member - Richland County Domestic Violence Coordinating Council |
| 2017-2018 | Outside Expert: Committee member for senior thesis at Heathwood Hall |
| 2016-2018 | Acts Metro: Family consultant and mentor trainer |
| 2016-2017 | Board Member: South Carolina Association for Licensed Professional Counselors |
| 2015-2019 | National Multiple Sclerosis Society: Provider Outreach & Engagement Work Team for Mental Health Professionals |
| 2013-2016 | Acts Metro: Mentor and Family Consultant |

Other

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| 2016-Present | Research Advisory Group, Public Strategies, Inc. |
| 2024-2025 | Expert Working Group for C-CORE, Child Trends, Inc. |

Advanced Training

- 2023 Multi-Level Modeling attended through CenterStat, conducted by Drs. Daniel Bauer and Patrick Curran
- 2021 Gottman Level 1 Training
- 2021 *OurRelationship* online approach to couple relationship education training conducted by Drs. Brian Doss and McKenzie Roddy
- 2019 Missing data and analysis of incomplete data sets, conducted by Dr. Tenko Raykov
- 2018 Discernment Counseling for couples on the brink of divorce, conducted by Dr. Steven Harris
- 2017 Dyadic Data Analysis with Multilevel Modeling using R, conducted by Drs. David Kenny and Randi Garcia
- 2011 *PREP Within My Reach*
- 2010 *SACES Emerging Leadership Workshop*, conducted by Drs. Don C. Locke and Pam Paisley
- 2010 *Domestic Violence Refresher*, conducted by Harbor House
- 2010 *Working with Military Veterans and Their Families*, Orlando VA Medical Center
- 2009 *PREP (Prevention Relationship and Education Program) 7.0* conducted by Drs. Scott Stanley, Howard Markman, and Galena Rhoades
- 2009 *Domestic Violence Refresher*, conducted by Harbor House
- 2008 *Domestic Violence 101*, conducted by Harbor House
- 2008 *Supervisory Skills Training*, conducted by Dr. Cal Stoltenberg
- 2008 *PAIRS Level III Master Training*, conducted by Seth Eisenberg
- 2007 *PAIRS For Our Family, For Our Future*, conducted by Seth Eisenberg
- 2006 Partners For Excellence in Psychiatry (PEP); Neuroscience Treatment Team Partner (NTTP)
- 2005 *PREPARE/ENRICH*, conducted by Drs. David Olson and Peter Larson
- 2005 *Young & Long's Integrative Model for Brief Couples Counseling*, conducted by Dr. Mark Young

(Updated August 21, 2024)